Whether you smoke it, vape, or use edibles, cannabis (marijuana) can negatively impact your dental appointment.

1. **STAY SAFE: TALK TO YOUR DENTIST**
   
   If you consume cannabis products before your dental appointment it can affect the outcome of your procedure. Be sure your use of cannabis is part of your current medical history (just like tobacco and alcohol). To ensure your safety, your dentist needs to know if you have taken any cannabis prior to your dental appointment.

2. **CANNABIS CAN ALTER THE EFFECTIVENESS OF PRESCRIBED MEDICATION**
   
   Cannabis can impact the effects of medications and anaesthetics needed for your procedure.

3. **INCREASED BLEEDING**
   
   Using cannabis can increase your risk of bleeding and cause complications for healing after your dental procedure.

4. **CANNABIS EFFECT VARIES**
   
   Various strains of cannabis have different amounts of THC. The amount of THC in your system is determined by the strain, the amount and the way it is consumed. When smoked or inhaled as vapour, the effects tend to peak sooner and dissipate more rapidly. When eaten, the drug effect takes longer to appear, lasts longer and is less predictable.

5. **PLAN AHEAD, AVOID CANNABIS BEFORE YOUR APPOINTMENT**
   
   Please avoid consuming cannabis products before your procedure. Your dentist may need to re-schedule your appointment for another time to ensure your safety.